

From Condemnation to Freedom in the Life of a Disciple

December 2025

Praise with Joy : “Under the Blood of the Lamb”

Scripture Reading : We will read Romans 8 : 1-2

Opening the Heart : Think about an experience that you felt strong guilt or condemnation at the time, but later you realized it seemed small. Let’s share those stories.

Observation of the Word :

1. Who is the subject that is said to be entitled to “no condemnation”? (verse 1)
2. What is the law that sets us free from “the law of sin and death”? (verse 2)

Study of the Word :

1. Why does guilt (condemnation) make us afraid? And how does God resolve that fear? (Genesis 3 : 6-8, Hebrews 10 : 22)
2. How is the guilt that comes from the “law of sin and death” different from what the “law of the Spirit of life” gives, and in what direction does it lead us? (Romans 8 : 1-2, 2Corinthians 7 : 10-11)

Application and Sharing :

1. Share a moment when guilt led you closer to God, or a moment when it caused you to move farther away from God.
2. If you have experienced rising again by proclaiming your identity in Christ through the law of the Spirit of life after your falling in weakness, please share.

Prayer in Response to the Word :

1. May we not hide in guilt, but discern clearly the voice given by the Spirit of life.
2. May we enjoy the freedom given by the law of the Spirit of life in Christ Jesus.
3. May the sick members of the Inland church rely only on Jesus and experience the help and healing from the Lord even in illness.